




Hunger is a critical issue worldwide, and this week you're tasked with addressing it from your classroom. **Choose a challenge** from the list that resonates with you under Sustainable Development Goal 2: Zero Hunger. Spend the week exploring and acting on this challenge, and see what difference you can make.



<p><b>Cooking Classes:</b> Conduct cooking classes focusing on preparing healthy, sustainable meals.</p>	<p>Choose 3 items in your fridge or pantry and research where they've come from and any information about the company, group or person that makes it. What did you discover?</p>	<p>Contact and research a farmer and write a biography about what they do and why they do it.</p>	<p>Create posters or presentations to educate peers about hunger and sustainable agriculture.</p>	<p>Find the 10 most nutritious fruits and vegetables and try to grow one of them at school or home.</p>
<p>Contact a local homeless shelter and learn about the types of foods they serve and why?</p>		<p>Write to a local politician asking about community gardens and how food growing can be incorporated to feed the hungry.</p>	<p>Research a country where food is difficult to grow or obtain. Research what the challenges are and design ways to address these. Is there a parent in your community who can help you achieve this goal? Start asking.</p>	<p><b>2 ZERO HUNGER</b></p> 
<p>Research the diets of different countries (breakfast, lunch, dinner). Write a report that identifies the differences and find out why they eat differently.</p>	<p>Collect unwanted non-perishable foods in the community and donate to local charities.</p>	<p>Find 3 companies that are trying to help feed the planet in a sustainable way. Write an email to their CEO, sharing your thoughts..</p>	<p>What is the most commonly eaten food in the world? Is it nutritious? Make a poster about healthy food for your school newsletter.</p>	



**"Alone We Can Change Today, But Together We Can Change Forever."**