(P) upschool

Over the next 7 weeks, we want you to try and tick off all ten actions to help stop climate change.



01

Talk to your parents about who provides your home with power. It may be time to change?



02

Never shower for more than 5 minutes. Set a timer and inspire your family to do the same.



03

Be nice to the worms, they are the soil heroes. Start a worm farm.



Recycle your old home items and donate clothes and books. Find the people who need them the most.



05

Use reusable water bottles and cups. Start a recycling club and invent cool ways to re-use them.

MY TEN-STEP PLAN TO SAVING THE PLANET

Steps

to help stop climate change and protect the future for everyone!

SMALL ACTIONS TODAY WILL MAKE A BIG DIFFERENCE TOMORROW.





Plant something that will be home to another organism. Maybe even a tree!





Walk to school when possible. Find a friend who wants to walk with you or ride your bike.



08



Eat more vegetables. Have one day per week when no meat is consumed.



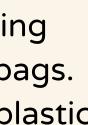
09



Never waste food. Wrap up unwanted food and donate to someone who needs it.



10



Stop using plastic bags. ban all plastic bags in your house and in school.