

Callum the Cloud

and the Talent Show Disaster

By Willow Floyd

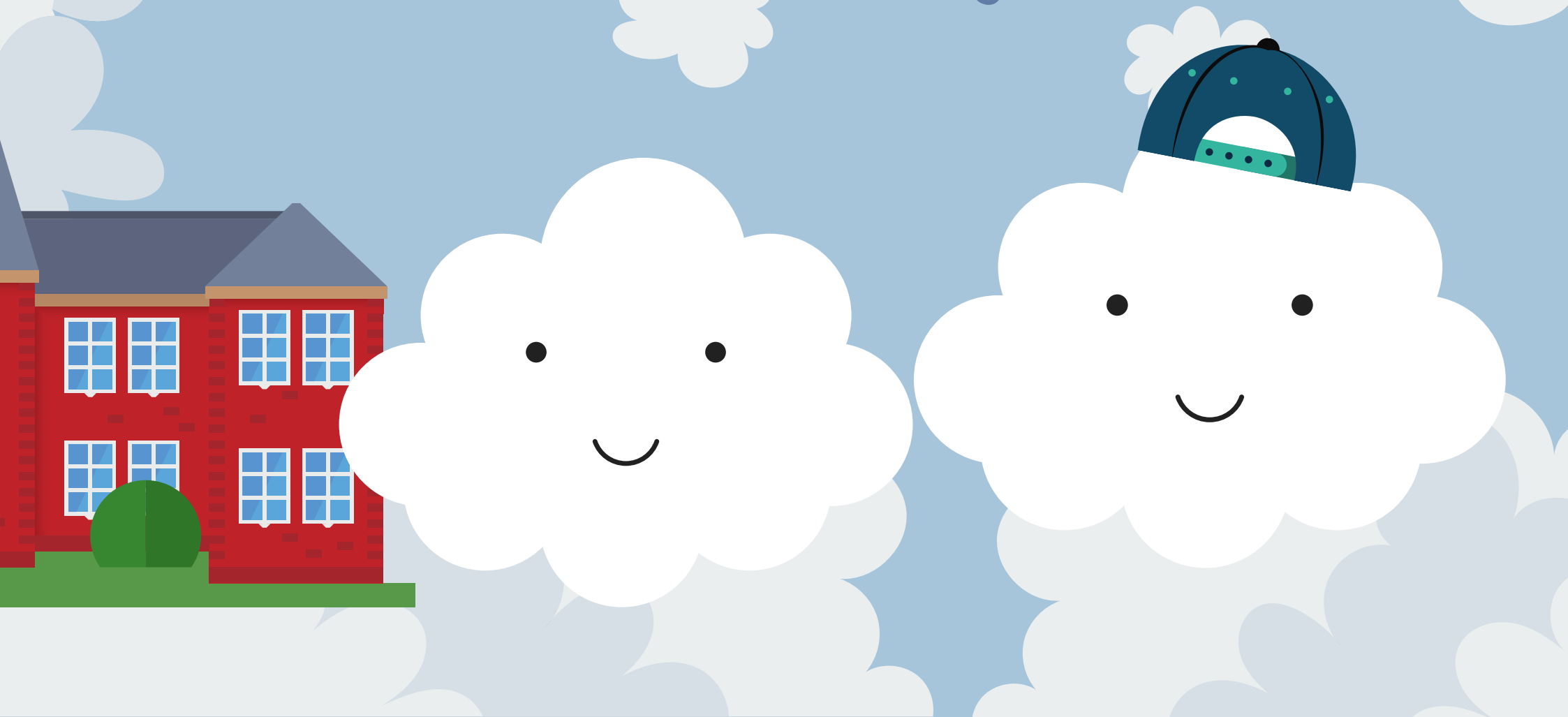


**Dedicated Lily Rogers. Thank you
for always sticking by my side.
Keep your face towards the
sunshine and the shadows will
fall behind you.**

It was a breezy day at Cloud Academy, a school for only the brightest clouds.




Callum was chatting with his friend
Josh in the school yard.

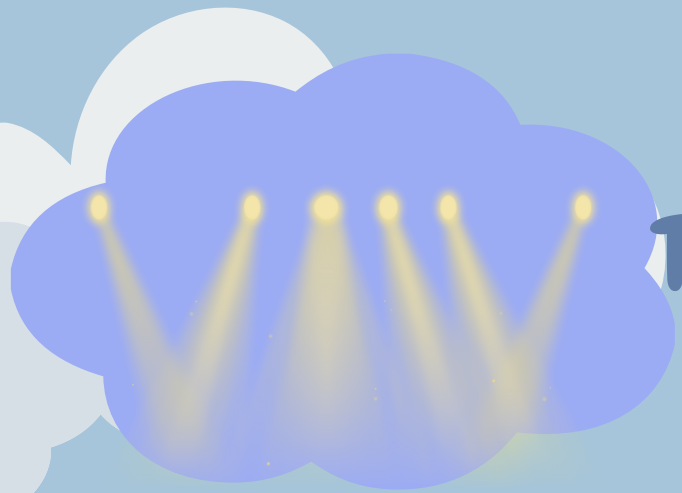


"Have you heard about the talent show? You could do magic! You should definitely sign up!" Josh said gleaming with excitement.



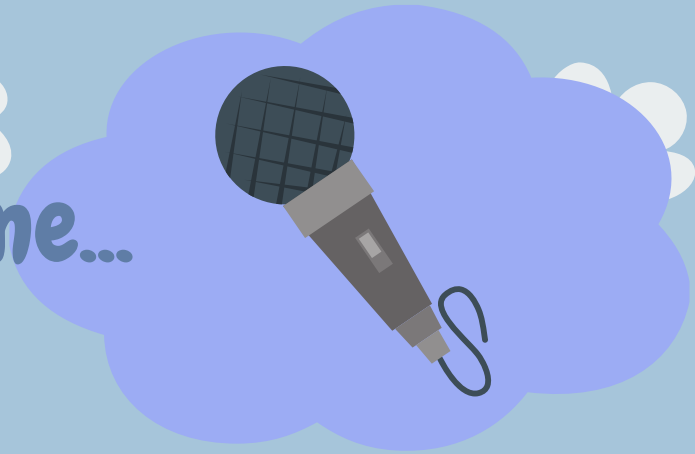


"I don't know Josh, I get really nervous performing my magic in front of lots of people." Callum stuttered.



The bright stage lights...

The booming microphone...

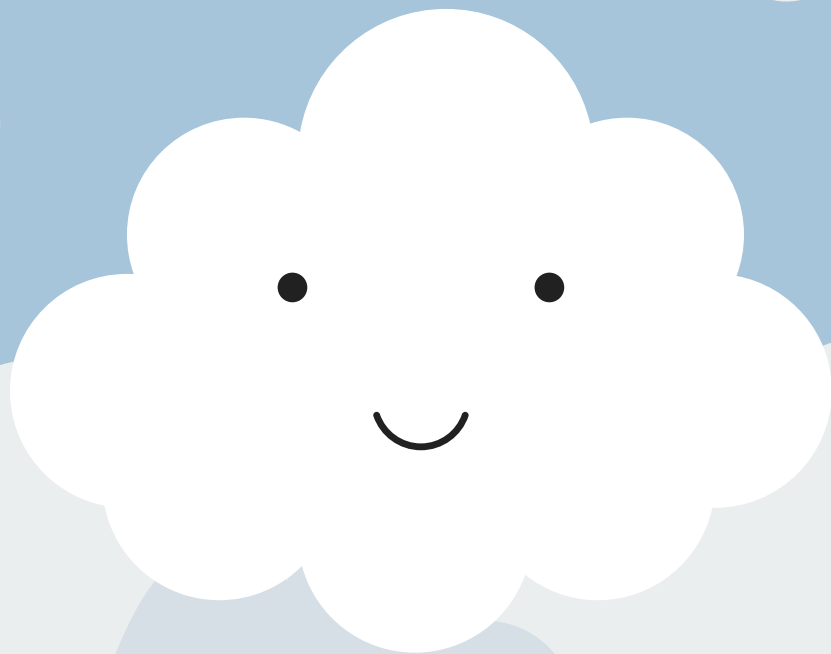


Everyone was going to be
looking at him...



**WHAT WAS CALLUM
GOING TO DO?!**

"Why don't you try my
calming method?!"





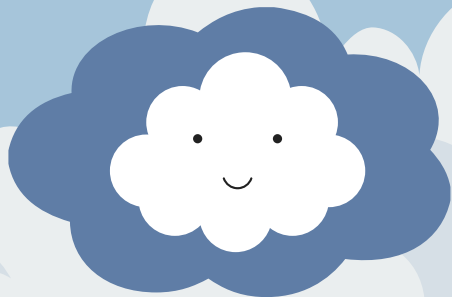
Think of 4 things you can see

3 things you can touch



2 things you can smell

and 1 thing you can hear



Now you're distracted from
your worries!

"Thank you so much Josh!"
Callum's frown was flipped
upside down!



"Maybe you should ask your
Dad for some help, He might
know another way!" Josh
suggested.



So that's exactly what Callum
did. He walked past the park
and all the way to his house.



Once arriving he
was greeted by
his father
watering the
garden.



"Hello son! How was school?"
asked Callum's Dad, Richard. "It
was good, There's a talent
show being held at school but
I'm very nervous to perform"



"That's no good son! How about
you try a breathing method?"

said Richard "What's a
breathing method Dad?"
Callum asked curiously.



"I'll show you!"



Smell the flowers...



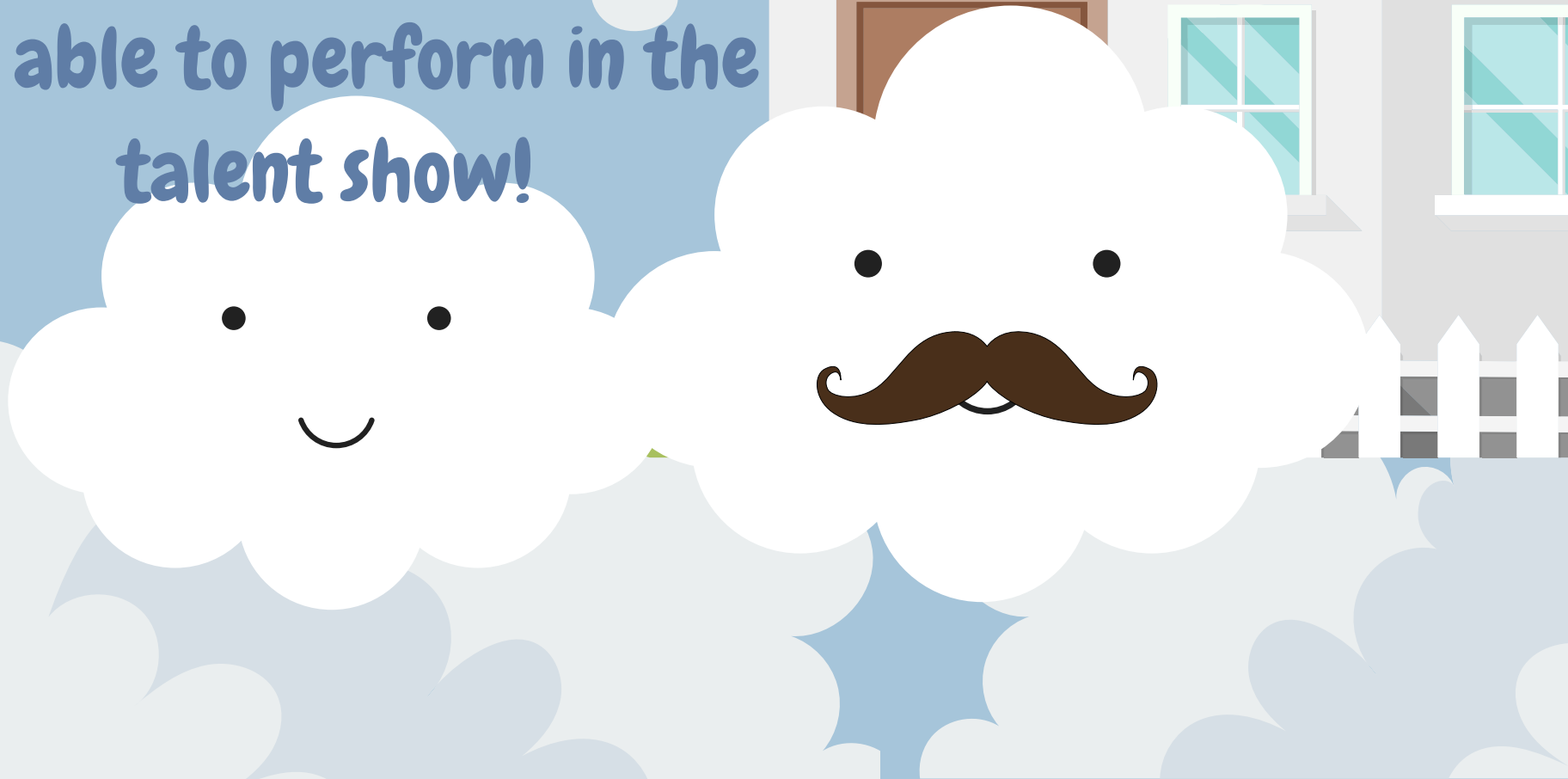
Blow out the candles!

Smell the flowers...

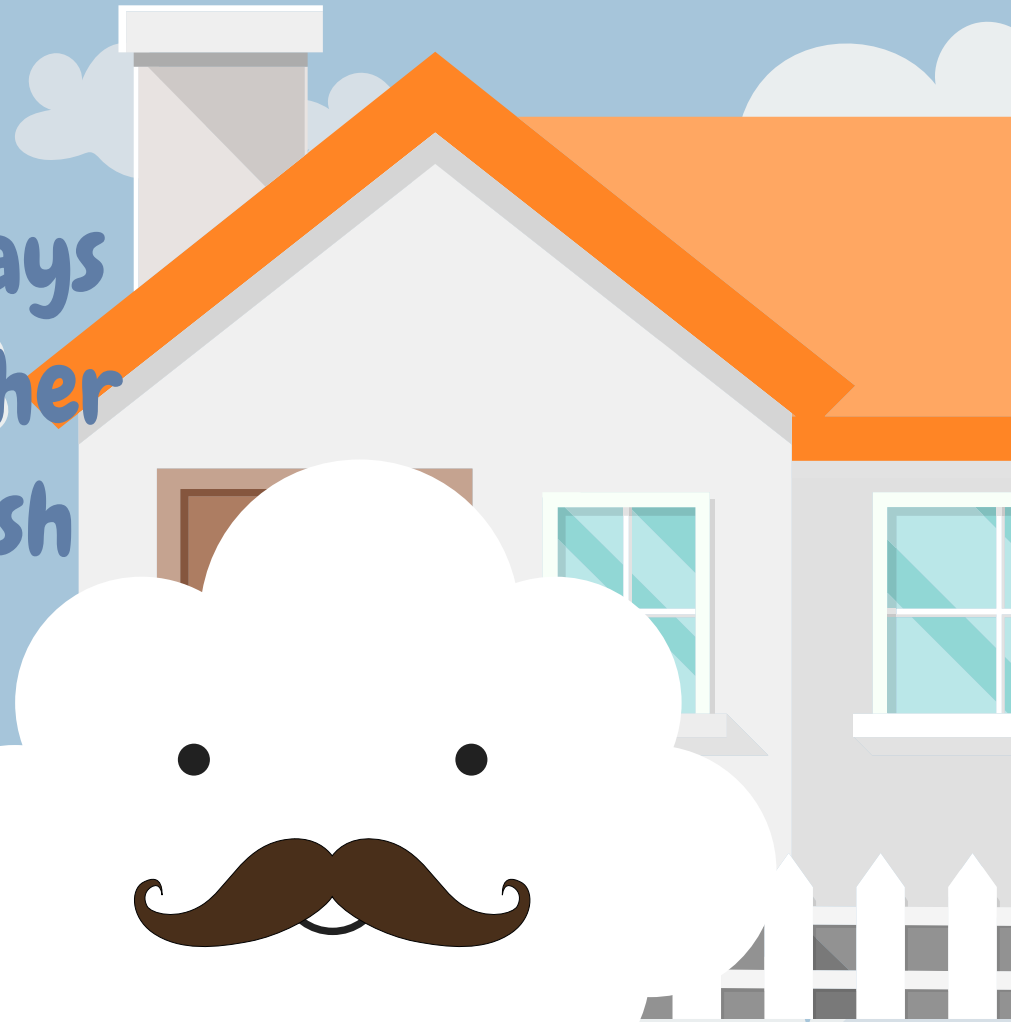


Blow out the candles!

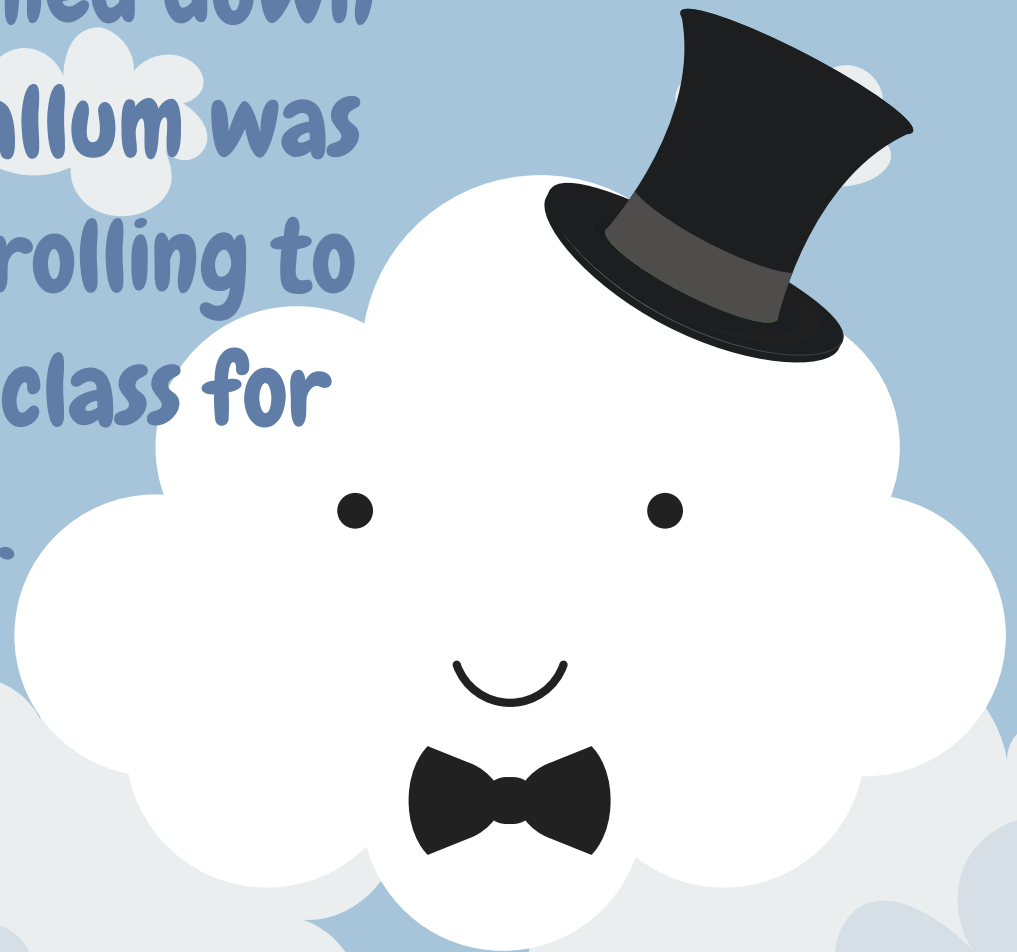
"Thank you so much Dad!"
Callum was beaming with
happiness, he was going to
be able to perform in the
talent show!



"My pleasure son,
remember you can always
ask your teacher for other
strategies! Now go wash
up for dinner!"



The next morning the sun
rose high and beamed down
onto the world, Callum was
already up and strolling to
school dressed in class for
the show.



Callum spotted his friend Josh in the
yard wearing his usual blue cap.



"Hello Josh! Are you ready for the talent show?!" Callum was practically bouncing with excitement



"Good morning Callum! I'm certainly
ready for the talent show, I see your
dressed and ready!"



"I am indeed! I have to ask Miss Joy
a question, Good bye Josh!"





Callum said good bye to Josh and began walking closer to the school, he had spotted Miss Joy welcoming people to school.



"Good morning
Miss Joy!"
Callum startled
Miss Joy.

"Goodness me!
Callum you gave
me a fright" she
chuckled.



"Dearly sorry
Miss Joy but I
have a very
important
question, I have
signed up to the
talent show but
I'm very
nervous!"

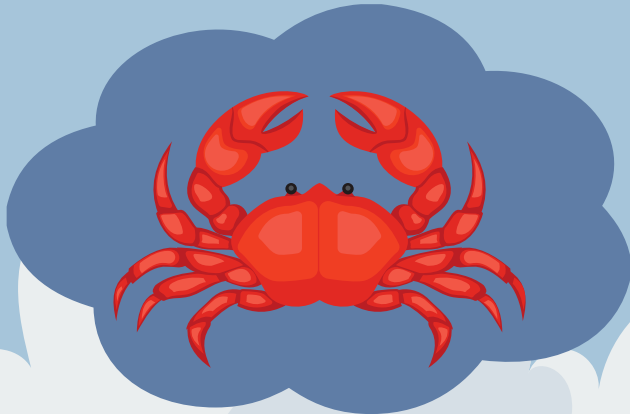


"Oh deary, Why
don't you try
my calming
method?" Miss
Joy said.



Think of your happy place

What are you doing there?



What do you see?

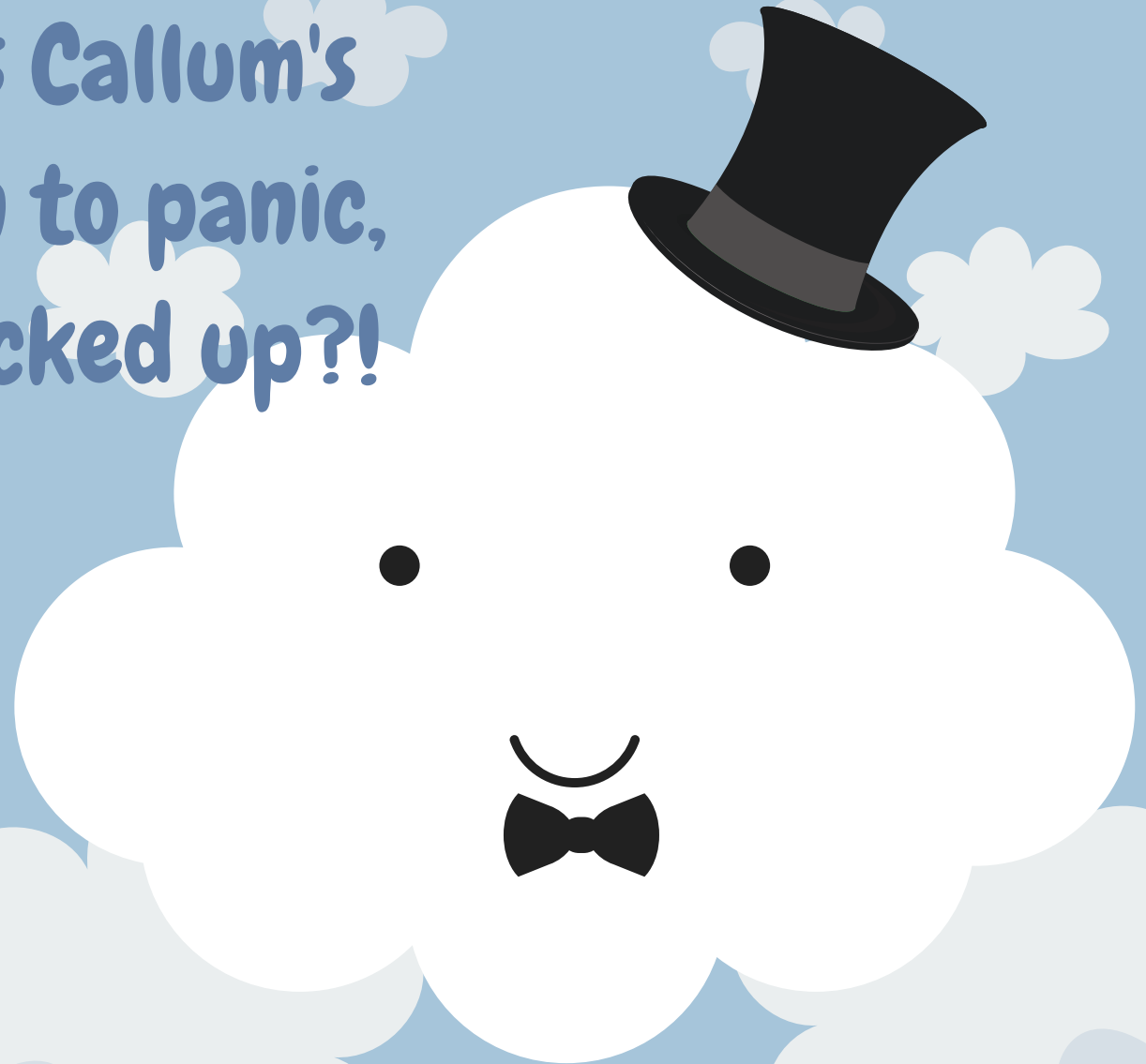


"Thank you so much Miss
Joy! I have to go to the
show now, Good bye!"
Callum hurried off as
Miss joy waved behind
him.

Callum lined up with the other
students, some wore crowns and
others held basketballs.

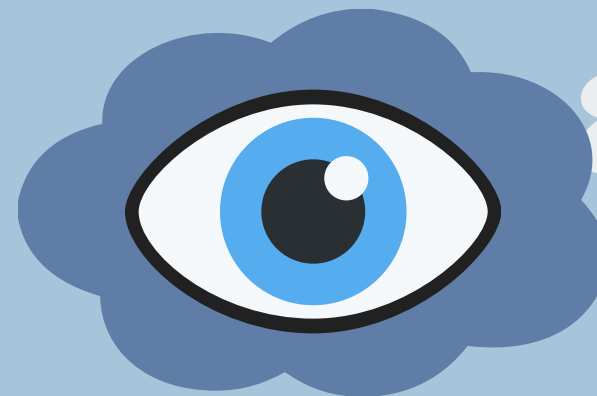


**Finally, It was Callum's
turn. He began to panic,
what if he mucked up?!**



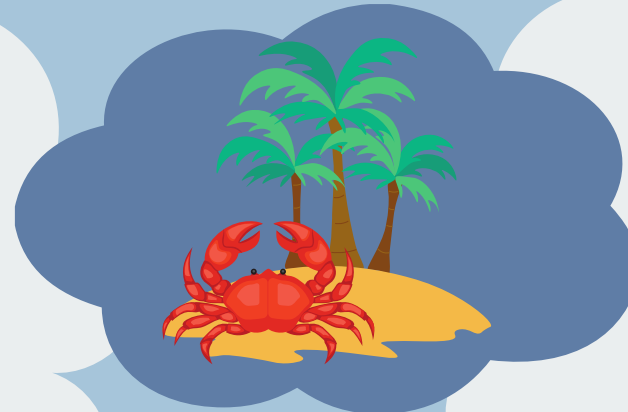
Callum scratched his mind for all the strategies that his friends and family had given him.

Josh's strategy



Callum's Dad's strategy

Miss Joy's strategy



Callum stepped up onto the stage, the blinding lights shining onto his face.

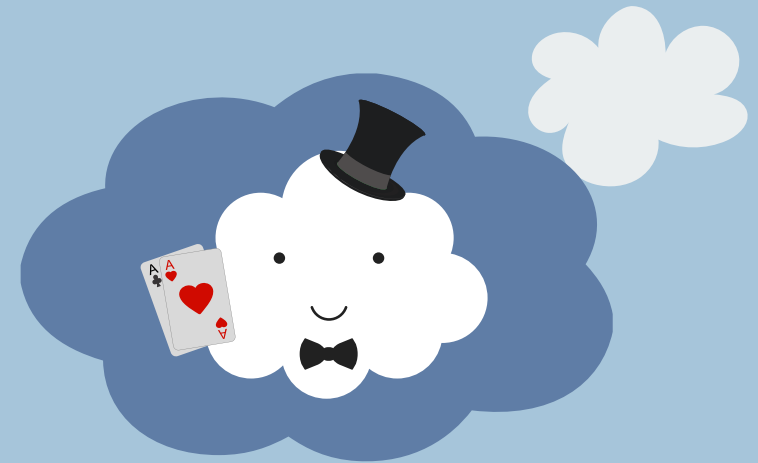


He performed trick...



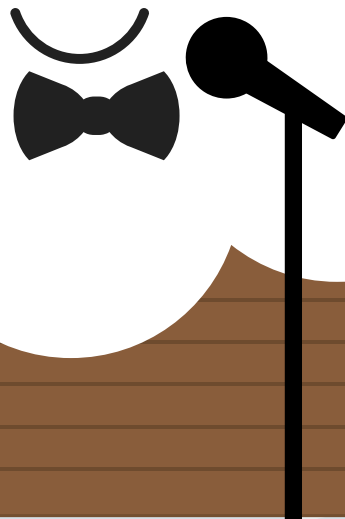
After trick!

After trick!



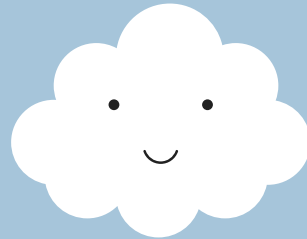
After trick!

Turns out all his anxiety was silly! He
performed an incredible show and
won top prize!



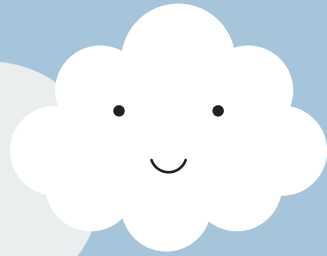


The End.



About the Author.

Willow Floyd is a 12 year old girl from Lower Plenty Primary School. Willow is very enthusiastic about sharing this message to the world; especially to young children with anxiety. Willow wrote this book to help and educate young ones and their parents about how to deal with younger children's worries. She wants to spread the word out to the world that it is okay to ask for help from others and to show that stepping out of your comfort zone is a good thing. She put a lot of hard work and patience into this book and enjoyed every second.



Meet Callum the cloud, a young cloud who lives with anxiety. Callum absolutely loves performing magic but gets very nervous performing in front of others. Follow his journey to find different ways on how to cope with anxiety and maybe you'll learn a thing or two yourself!