



# MY 7-DAY

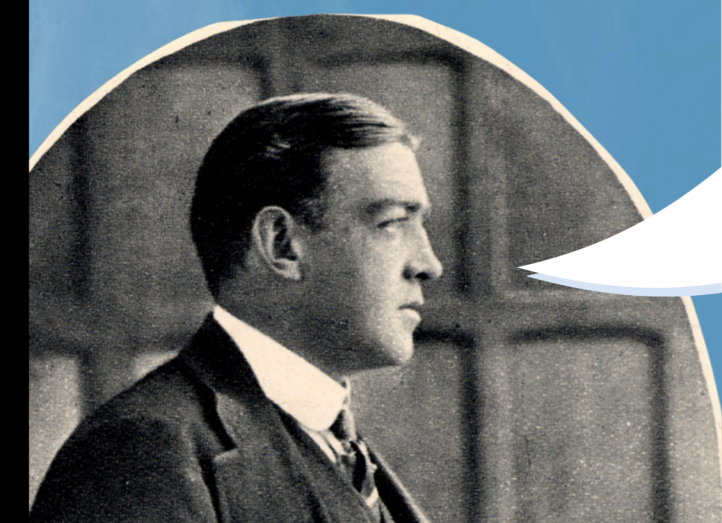
## ★ Leadership

# CHALLENGE

There are many ways to practice leadership. Try to achieve all 9 tasks opposite, before next week's session, to refine your skills of leadership just like Shackelton.



*"Difficulties are just things to overcome, after all."*



Ask your teacher if you can assist them with something.

Make time to help your family with something that they normally do for you.

Find a child in school who looks lonely. Make time to talk to them.

Try a food you have never tried before.

Make a poster to inspire others in your school to feel something.

Call a family member and check how they are.

Join or start a club in your school or community.

Talk to somebody at school you have never spoken to before.

Write a diary for the week ahead and make sure you have time for yourself.